

The Disabled Week: December 3 to 9 (障害者週間12月3日~9日)

Inquiry: Chiiki Fukushi Shitsu (AIAI TEL: 0595-84-3313)

"The Disabled Week" is a week to deepen the interest and understanding of disability and the disabled. Also, that week conduct enlightening activities in which people with disability increase motivation for social participation.

Services for people with disability to live independently in the community

• Disability welfare service

People who want to use disability welfare services need a certificate issued by the city < Main services> Visiting nursing care, Living care, Short term residency care

• Disabled Parking Permit ("Mie Omoiyari parking lot") usage certificate system People with disability, pregnant women and others, who cannot walk easily can use it. We will issue a usage certificate of Disabled Parking Permit ("Mie Omoiyari parking lot") installed in public facilities and shops.

Discount system

Toll discount system for toll roads

In the following cases, discounts on toll roads (50%) will be accepted (procedures require before use).

- When a person with physical disability drives a car by himself / herself.
- When a care giver drives a car that a person with severe physical disability or intellectual disability ride.
- X When a care giver drives, there are restrictions on the type of disability and the grade.

X Only one car can be registered per a disabled person.

Allowance for persons with disability (children) / Welfare Service for care givers

Payment of special disability allowance

It is paid to people over 20 who need special care at all times in their daily lives (be at home, severe disabilities overlap etc.). <Payment amount> ¥26,810 per month (There are restrictions depending on income)

Payment of welfare allowance for disabled children

It is paid to people under the age of 20 who have severe disability and need extra care at all times in daily life. <Payment amount> ¥14,580 per month (There are restrictions depending on income)

• Payment of special child-care allowance

It is paid to people who support children that are under the age of 20 with moderate to severe disability.

<Payment amount> Grade 1: ¥51,450 per month

Grade 2: ¥34,270 per month (There are restrictions depending on income)

• Consultation support center for persons with disabilities "AI"

It is a consultation organization for the following people;

- People who have physical disability, intellectual or mental disability. Or their families.
- People who isolate themselves from social life. Or their families.

We accept various consultations such as social participation, employment, daily life etc.

Please do not hesitate to ask if you have any problems or consultation.

We also accept telephone / visit consultation besides consultation at the office.

Inquiry Shōgai-sha Sōgō Sōdan Shien Center "AI" ("AIAI" 2nd floor TEL: 0595-84-4711)

Information from Library (図書館のお知らせ)

Inquiry: Municipal Library (TEL: 0595-82-0542), Seki Library (TEL: 0595-96-1036)

Several events for children will be held by Municipal Library.

Please enjoy the events with parents and children.

| Name of event | Date and time Place | | |
|----------------------------------|--|-------------------------|--|
| Mommy's story telling | December 2 (Sat), from 14:00 | Municipal Library, | |
| Mommy's story telling for adults | December 2 (Sat), from 15:00 children's room | | |
| Xmas party | December 23 (Sat), from 13:00 | children's room | |
| Anime movie show for children | December 6 (Wed), from 15:00 | Seki Bunka Kōryū Center | |
| Seki story telling | December 13 (Wed), from 15:00 | | |

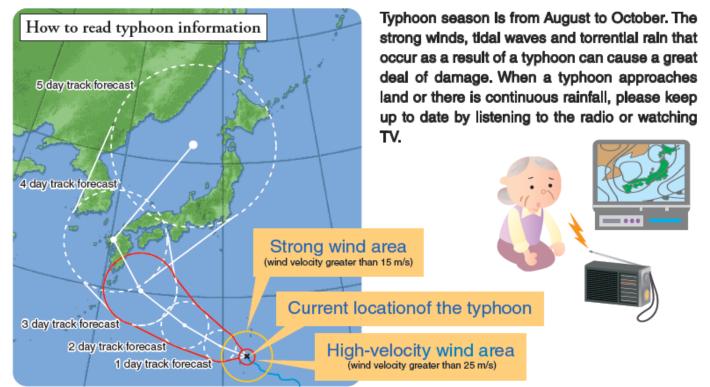




Protect yourself from earthquakes, typhoons and floods! (Vol. 7 out of 8) じしん たいよう すいがい み まも だい かい ぜん かい (地震、台風、水害から身を守りましょう!第7回/全8回)

Inquiry: Kiki Kanri Shitsu (TEL: 0595-84-5035)

Preparing for typhoons and heavy rain!



Based on info from the Japan Meteorological Agency's homepage

What to do in the event of a typhoon with strong winds



[If you are outside] Find a nearby building and enter it in order to avoid any falling trees or blowing objects.



[If you are inside] Do not go outside. Close the shutters to prevent possible glass shards from flying inside.



[If you are in the ocean] Head to higher ground to avoid incoming waves.

What do to in the event of a typhoon with heavy rain



[If you are near a river] Do not enter the river because it is extremely dangerous.



[If you are driving] Head for higher ground. If your car shuts down while driving through water, get out of the car and evacuate.



[If you are outside] Head for higher ground.

List of useful typhoonrelated words

| Japanese | Roma-ji | English |
|----------|-----------------|--|
| 注意報 | Chuiho | Issued when there are heavy rain and strong winds . |
| 警報 | Keiho | Issued when the rainfall and strong winds exceed the level in a chuiho. |
| 暴風雨 | Boufuu | Heavy winds and rain |
| 洪水 | Kozui | Flooding caused by heavy rain |
| 高潮 | Takashio | High waves caused by typhoons |
| 崖崩れ | Gakeku- zure | Colds and stones slide from mountains |

Inquiry: Sports Kenshū Center (TEL: 0595-82-9092) • Date: From January 12 (Fri) to March 23 (Fri) (10 times in total) Every Friday (However, February 9 (Fri) is closed.) Class: 1st class [9:30 to 10:30] / 2nd class [11:00 to 12:00] (Maximum participants per class: 20 people) • Place: Sports Kenshū Center, Japanese style room (Address: Nomura-chō 2 chōme 5-1) • Course fee: ¥5,000 (Bring your course fee and apply to the sports Kenshū Center.) ※ Please note that course fee once paid will not be refunded even if you are canceled halfway. Application start date: December 5 (Tue) 9:00 am べんり こうざふりかえ しぜい かくじつ のうふ Use direct debit for payment of city tax (市税の納付は便利で確実な口座振替を!) Inquiry: Nōzei Shitsu (TEL: 0595-84-5009), Hoken Nenkin Shitsu (TEL: 0595-84-5006) For payment of city tax, please use direct debit which can be automatically paid from your account. You can save time and effort to pay for each delivery date. And you will not forget to pay inadvertently. You can do the procedure at city hall counter or at a financial institution dealing with direct debit. Type of tax: Fixed property tax / City planning tax / Light-weight motor vehicle tax / Municipal and prefectural tax / National Health Insurance tax Due date in December (12月の納税) Due date of the payment and direct debit payment: December 25 (Mon) or January 4, 2018 (Thur) Please pay the following taxes: Fixed property tax/City planning tax, the 3rd payment (December 25) National Health Insurance tax, the 6th payment (December 25) Latter-stage Elderly Healthcare Insurance premium, the 6th payment (January 4, 2018) Nursing care Insurance premium, the 5th payment (December 25) Note: We recommend direct debit for payment of tax, etc which is convenient and reliable. Emergency medical care during night-time, after hours, on Sundays and Holidays in December じかんがい きゅうじつ おうきゅうしんりょう (12月夜間・時間外・休日の応急診療) Inquiry: Kameyama City Office (TEL: 0595-82-1111) ATTENTION: Since these two systems below are for emergency, please refrain from continuous or repeated visits. The doctor on duty for the day may be **NIGHT-TIME and AFTER OFFICE HOURS** changed. Please confirm by phone before (except Sundays and Holiday) going to the doctor's office. Consultation hours: 19:30 to 22:00 / Reception hours: 19:00 to 21:30 O Make sure to bring health insurance cer-Day Phone Name of Medical Institution Address tificate, medical care certificate (such as (December) (0595)infant medical care). 1, 2, 4, 6, Kameyama Iryō Center Kameda-chō 83-0990 medical consultation fee and medicine 7, 8, 9, 11, notebook (or actual medicine being taken). 12, 13, 14, 15, 18, 20, 21, 22, 25, 26, 27, 28 Mie Kokyū Enge Airisu-chō 84-3536 5, 19 O Please see doctor in day-time as far as **Rihabiri Clinic** possible. 16 Anoda Clinic Anoda-chō 83-1181 **X** Regarding the emergency case, **SUNDAYS and HOLIDAY** call Mie Pref. Kyūkyū Iryō Jōhō Center (TEL: 059-229-1199) Consultation hours: 13:00 to 19:30 / Reception hours: by 19:00 Day Name of Phone Address Medical Institution (December) (0595)In case of child's emergency, call Gotō Ganka Clinic 84-1800 "Mie child medical care dial." 3 Sunday Kita-machi TEL: #8000 or 10 Seki Clinic Seki-chō Shinjo Sunday 96-2220 059-232-9955, 17 Sunday **Tora Seikei Clinic** Egamuro 2 chōme 84-1700 19:30 to 8:00 23 Holiday Toyoda Clinic Minamino-chō 82-1431 (next morning) 24 Sunday Tanaka Byōin Nishimaru-chō 82-1335

こころ

Yoga class of mind and body (心と体のヨーガ)

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Issued by: Social Harmony Promotions Section (Kyōsei Shakai Suishin Shitsu) (TEL: 0595-84-5066) *Inquiry*: If you have any questions, call above phone number. Portuguese and English interpreters are available.

> といわわせきき かめやまししみんぶんかぶぶんかしんこうきょくきょうせいしゃかいけいしんしつ でんわ 問合先:亀山市市民文化部文化振興局共生社会推進室(電話: 0595-84-5066)