

**就労の記録**

**実習や職業訓練の記録**

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| 年月日･期間 | 場　所 | 内　容 | 感想･評価 | 備　考 |
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**就労の記録**

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| 年月日･期間 | 企業･業種 | 勤務内容 | 勤務時間 | 連絡先 | 備　考 |
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計画相談の記録や履歴書のコピーもとじておくと便利です。